



SPORTS & RECREATION

DECEMBER 2, 2010

3SB holds annual Turkey Bowl

Sgt. 1st Class Rhonda M. Lawson
3rd Sustainment Brigade Public Affairs

JOINT BASE BALAD, Iraq— It wasn't quite the Super Bowl, but for the officers and noncommissioned officers with the 3rd Sustainment Brigade, 103rd Sustainment Command (Expeditionary), the Turkey Bowl on Nov. 20 was the biggest game of the year.

The officers, known as the "Enforcers," would try to claim the title of Turkey Bowl champions from the NCOs at Joint Base Balad's Killeen Field. They came out of the gate swinging, quickly scoring the first touchdown of the game.

However, the NCOs, known as the "Backbone," refused to give the Enforcers an easy win. In an epic battle, the Backbone defended their title, winning 24-12 and earning bragging rights as two-time Turkey Bowl champs. Despite the score, both teams gave a physical show of strength and speed throughout the game.

"It was an awesome game," said team coordinator and Enforcers quarterback Capt. Lonnie Williams, the assistant operations officer with the 3rd Special Troops Battalion, 3rd Sust. Bde., and a Charleston, S.C., native. "Everyone put in maximum effort all the way until the last buzzer." He added that many of the officers were older than the NCOs, so he felt his team was taken lightly.

"We had some underrated players who showed up and played really, really well," Capt. Williams said. "There was no one player; it was a collective effort, and we did better than many expected."



Sgt. 1st Class Rhonda M. Lawson

Command Sgt. Maj. Clifton Johnson, senior enlisted advisor of the 3rd Sustainment Brigade, 103rd Sustainment Command (Expeditionary), Backbone quarterback and a Lima, Ohio, native, tries to pick up a few extra yards during the 3rd Sust. Bde. annual Turkey Bowl, held at Killeen Field Nov. 20 at Joint Base Balad, Iraq.

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3SB hosts Operation New Dawn 5K

Sgt. 1st Class Rhonda M. Lawson
3rd Sustainment Brigade Public Affairs

JOINT BASE BALAD, Iraq– The temperature has dropped considerably since the date the event was supposed to take place, but that didn't stop more than 300 servicemembers and civilians on Joint Base Balad from participating in the Operation new Dawn 5K Run, hosted by the 3rd Sustainment Brigade, 103rd Sustainment Command (Expeditionary), Nov. 20.

The run, which was originally scheduled to take place Sept. 1, was a commemoration of the transition from

Operation Iraqi Freedom to Operation New Dawn and stability operations. The idea formed from a conversation between three friends over dinner back in July.

"We were talking about all of the changes that would take place after Sept. 1 and decided, 'why not do a run?'" explained Master Sgt. Paul Lloyd, the brigade's support operations transportation noncommissioned officer in charge and an Orlando, Fla., native. "We also wanted to commemorate the anniversary of 9/11. He explained that the front of the T-shirt bears the phrase, "Lest we forget" to

commemorate Sept. 11, and on the back, the sunrise symbolizes change."

Chief Warrant Officer 2 Denise Kelley, a mobility warrant with the brigade's SPO TRANS and a native of Chambersburg, Pa., and co-organizer for the event, explained that the run had to be postponed until November because the T-shirts hadn't come in. However, she said the run turned out to be a success.

"Everything went perfectly," she said. "We got all the support we needed, and it was a good turnout."

Part of the support came from the

brigade's Headquarters, Headquarters Company, 3rd Special Troops Battalion. The company's commander, Capt. Vanessa Parker, a Cincinnati native, used the event as an opportunity to run with her unit one last time before turning over her command in December. More than 200 Soldiers, including the brigade and battalion staffs, ran with her.

"It was an outstanding ending to a captain's career as a company commander," said event co-organizer Master Sgt. Michael Manigault, the brigade's nightshift liaison officer to the 103rd ESC and a Harlem, N.Y., native. "That is the way I would want to go out."

Black Diamond Soldier wins the FOB Sharana Veterans Day 10K Race



LTC Diana Holland, Commander,TF Diamond and 92nd Engineer Battalion
FORWARD OPERATING BASE SHARANA, Afghanistan
– **Specialist Nahom Tsegaye gives the victory sign as he wins the 92nd Engineer Battalion's Veterans Day 10K Race, Nov. 11, beating 60 other Black Diamond competitors.**

Guyton a force on and off the field

Patty Leon
Coastal Courier

Former Bradwell Institute standout Gary Guyton is a busy man.

On Nov. 14, Guyton was all over the field against Pittsburgh. Guyton, a linebacker, helped the New England Patriots hold off the Pittsburgh Steelers 39-26 at Heinz Field. The BI product sacked Steelers quarterback Ben Roethlisberger and knocked down a pass during the game.

Guyton recently hosted the Gary Guyton Fun Night to raise funds to support the Gary Guyton Adopt-A-High School Initiative, which offers academic and SAT/ACT assistance to underserved students.

Nearly 100 Patriots fans joined Gary and his Patriots teammate in a corn hole/bean bag toss tournament at CBS Scene in Foxboro.

"It is tremendous to see how our fans have come out and support us in this worthwhile cause," Guyton said. "As a professional athlete, we realize we are in a position to make a difference and we want to do everything we can to help kids succeed."



Courtesy Photo

New England Patriots LB Gary Guyton of Hinesville was all over the field against Pittsburgh on Sunday, including this sack of QB Ben Roethlisberger. Guyton, an alumnus of Bradwell Institute and Georgia Tech, helped the Patriots defense hold off the Steelers in a 39-26 victory in Pittsburgh.

The event included a grand prize raffle for a lucky fan to win 4 Gary Guyton Ultimate Fan Experience tickets. Fans also had the opportunity to bring their cameras and

take pictures with the Patriots.

"We had a great time. It was great to see my teammates and fans going at it. It was a blast," Guyton said.

Enjoy the coolest, extreme bowling at Stewart Lanes

Corkan Family Fun Center Staff

Stewart Lanes Bowling Center combines the excitement of “extreme” bowling with the down-home atmosphere of your neighborhood bowling center. Stewart Lanes is located in building 450, which is across the street from the main exchange, next to Burger King and across from Corkan Family Fun Center on Fort Stewart. Twelve lanes of “extreme” bowling geared to every member of the Family. Available are bumpers and bowling balls for the littlest member of the Family. One of our great staff will be happy to assist you from finding a suitable bowling ball to imputing your Family in the computer scoring system, to just answering bowling questions that you always wanted to know but were afraid to ask.

The Corner Grill offers a menu of

everything you could want from a full meal to just a snack with great prices that all budget conscious Families can afford. The video arcade has all the games all ages want to play and the safety that all parents expect within the viewing area of parents. Stewart Lanes is also a great place to have birthday parties! The center specializes in "Bowlopolis Parties" that include 2 games of bowling w/ shoes, pizza and soda, a "Bowlopolis" decorated party area, treat bags for all the guests and a special visit from the "Bowlopolis King Pin" all for \$10 per person (10 person minimum)! In addition to birthday parties, Stewart Lanes and the Corner Grill are also equipped to host Family events or unit functions. We have room for the smallest to largest gathering.



Photos provided by Corkan Family Fun Center Staff

Stewart Lanes Bowling Center.



Stewart Lanes Bowling Center

Price List

Sunday/Holiday Bowling	\$2.00 per game per person
Open Bowling	\$2.50 per game per person
Shoe Rental	\$1.75 per person
Matinee Bowling (1130-1600)	\$1.75 per game per person
Children Under 6 yrs of Age	\$.75 per game per person
Children Under 12 yrs of Age	\$1.75 per game per person
Teens Age 13-18 yrs old	\$2.00 per game per person
Seniors Over 65 yrs of Age	\$1.75 per game per person
“Dollar Days” Monday & Thursday All Day	\$1.75 per game per person
“Party Rates”	Ask our staff for more details
“Bowling Classes”	To Be Announced
“Private Party”	Ask our staff for more details

Effective
01 Apr 2010





For more information about Stewart Lanes, and other MWR activities, visit www.stewart.mwr.com

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Former Lady Panther a captain at Georgia Tech

Patty Leon
Coastal Courier

Former Lady Panther Metra Walthour was one of three players selected as captains of the 2010-11 Yellow Jacket women's basketball team, according to a story posted on *ramblinwreck.com.*, Georgia Tech's athletic Web site.

Along with Walthour, seniors Alex Montgomery and Deja Foster were also selected by their teammates and coaches on Nov. 11.

"Deja, Alex and Me-Me (Walthour) have shown tremendous leadership throughout their time on the Flats," Tech coach MaChelle Joseph said. "I have no doubt that these three outstanding student-athletes will lead this team and program to unprecedented heights."

Walthour saw action in all 33 games as a sophomore and earned a spot in the starting lineup during 20 contests. During her second season on the Flats, the Hinesville native dished out 91 assists, which registered as the fifth high-

est total for a sophomore at Tech.

Walthour, referred to as "Me-Me" by coaches and teammates, ended the year with a 1.3 assist/turnover ratio and pitched in 3.9 points per game and 1.3 rebounds per game as well.

"We've always had two leaders for a while in Deja and Alex," Walthour said. "With them being seniors, they can't do it all by themselves. The junior class is the biggest class and we knew we needed to step up. Coach asked me to fill that role and I'm looking to do the best I can."

Walthour and her former Liberty teammate turned Yellow Jacket LaQuananisha Adams were recently in the U. S. Virgin Islands for the Paradise Jam.

The girls lost the Jam opener against the Georgetown Hoyas 67-58, Nov. 25. They were scheduled to play a televised game against powerhouse Tennessee, Nov. 26 at 8 p.m. and ended the tournament with a 5:45 p.m. game on Nov. 27 against Missouri.



Courtesy Photo

Former Lady Panther Metra Walthour, a junior at Georgia Tech, was among the players selected as captains of the 2010-11 Yellow Jacket women's basketball team.

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Master Sergeant Paul Lloyd, the Backbone wide receiver and support operations transportation noncommissioned officer-in-charge with the 3rd Sust. Bde., admitted that the Enforcers were taken lightly at first.

"They surprised us and went straight down the field," he said. "We really didn't have an answer for them for the first three offensive possessions when they had the ball."

The Turkey Bowl is a flag football competition that began in 2009 with the 3rd Sust. Bde., back at Fort Stewart, Ga., and is traditionally played the week of Thanksgiving. Each team is allowed up to 15 players, all of whom must be assigned or attached to the brigade headquarters or its special troops battalion. Additionally, each team must have a female player on the field at all times.

Master Sergeant Lloyd, an Orlando, Fla., native, who participated in last year's event as well, said he felt this year's Turkey Bowl was more competitive. "Both teams actually took more time out and practiced more," he said. "There was much more structure on both sides of the ball. There was actually strategy built into this year's game."

Sergeant First Class Jennifer Atherton, the 3rd Sust. Bde. Force Protection NCO and a native of The Villages, Fla, said she had "a lot of fun."

"I've always enjoyed football in any form because

of the way I was brought up," she said. "Being the NCOs against the officers just adds a little more of a spin to things."

For many, the competitiveness and fun were just the goals the Turkey Bowl was meant to have. Captain Williams and Master Sgt. Lloyd agreed that, although the Enforcers and Backbone were enemies on the field, the game actually brought everyone closer.

"I think things like this are important because they build esprit de corps and camaraderie throughout the unit," said Master Sgt. Lloyd. "It helps us to understand that in spite of the mission, there's always a chance for us to sit back, let our hair down, have some fun and relax. Athletics has always been a part of our society, and it helps to give us a little character."

Captain Williams agreed, adding that the event promoted cohesion among all participants. "I had some officer's say after the game that they wished they were out there," he said. "This is something that should be continued year after year. There was a little bragging after the game and at the barbecue after, but we were back on mission; it didn't separate us."

That time may come sooner than later. Some of the officers have already issued a challenge to the NCOs to compete in a Christmas Bowl.

"I've heard the rumors," said Master Sgt. Lloyd. "If they're up to the challenge, I don't think we'll have a problem."



Sgt. 1st Class Rhonda M. Lawson

Two Soldiers with the 3rd Sustainment Brigade, 103rd Sustainment Command (Expeditionary), participate in the annual Turkey Bowl, held at Killeen Field Nov. 20 at Joint Base Balad, Iraq.

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TIME OUT! Rivalries



**Commentary by
Jennifer Hartwig**
*Hunter Army Airfield
Public Affairs*

This past weekend was “Rival Weekend” in college football – we saw Ohio State-Michigan, Alabama-Auburn, Florida-Florida State, Texas-Texas A&M, Oklahoma-Oklahoma State, etc.

That list alone holds great rivalries, ones that pulls households apart and ruins budding friendships. For example – I meet someone I really like; we’re clicking, having great conversation; then find out he is a Yankees fan. That’s it, no potential for a future relationship – done deal. Sad but true.

I’m not the only one who feels this way. It’s like the ESPN commercial a few years back with the couple sitting on their coach all lovey-dovey – she’s in a Michigan sweatshirt and he’s in an Ohio State sweatshirt. The slogan at the bottom reads “If it wasn’t for sports, this wouldn’t be disgusting.”

It’s one of my favorite commercials of all time, by the way, because it epitomizes real rivalries. Many things add to a great rivalry – proximity, championship-caliber play, sustained excellence by both teams over a period of time. But for me, the real measure of a great rivalry is: if I’m not a fan of either team, will I tune in to watch?

Here are my top rivalries in sports:

Ohio State-Michigan (college foot-

ball) – A rivalry in the true sense of the word – throughout the history of the programs, the match up between these two teams has more often than not had national championship-changing results.

It all began in 1922, when the Wolverines defeated – shut out in fact – the Buckeyes in the opening game of their new stadium.

In 1969, Ohio State was undefeated and upset by new coach Bo Schembechler and the Wolverines; in 1970 and 1973, both teams were undefeated when they met; from 1970-1975, Michigan entered the rival game without – and the Wolverines won just once; in 1993, 1995 and 1996, Ohio State was undefeated until they faced Michigan – and each time they left the field with a tarnished record.

Now that is rivalry.

Yankees-Red Sox—Probably the most heated professional sports rivalry, and the one I have personal stake in. In the years before 2004, many said this rivalry was a media creation; that the Red Sox were the gnats on the shoulder of the Yankees who always disappeared come fall.

The rivalry was catapulted in 1918; the Red Sox won the World Series that year, then Red Sox owner Harry Frazee sold Babe Ruth to the Yankees for \$125,000 and a \$300,000 loan. Thus began the “Curse of the Bambino.” Fictitious or actual, Bostonians still spit at the name Harry Frazee.

But that changed in 2004 in the American League Championship series when the Red Sox did what no team has ever done – come back from three games down to take the seven-game series. Winning the World Series that year was just the icing on the cake.

The teams now face each other 19 times a year during the regular season, and since the inception of the Wild Card, the teams have played for the AL championship three times.

The rivalry here is not just on the field – it’s an intense rivalry between two cities. Ask someone from either city, and each would tell you they’d rather die than live in the other city.

Duke-North Carolina (college basketball) – A rivalry born of familiarity and proximity. The fans are passionate, the teams are consistently the best in the country and battle with one another for each and every recruit ... and they are located just eight miles apart.

Battling it out at least twice a year since Jan. 24, 1920, North Carolina and Duke routinely rank among the nation’s best basketball teams. The games frequently determine the Atlantic Coast Conference champion; since the ACC’s founding in 1953, Duke and North Carolina have combined to win 80 percent of the conference’s regular season titles and 61 percent of the tournament titles, including 13 out of the last 14 tournaments.

Two of the most winning programs in NCAA basketball (Duke is fourth all time and North Carolina is second), in the

same conference that are located less than 10 miles from one another on the same road – how could it not be one of the greatest – and best – rivalries of all time?

Army-Navy – I’ve been to a lot of football games, and nothing compares to the atmosphere surrounding Army-Navy. These young men know the hardship their rivals have to go through, being Soldiers and Sailors, athletes and students. The knowledge that most of the seniors, upon graduation, will be heading overseas together to fight a faceless enemy forces each and every player and fan to respect one another.

From the fans, there are no negative cheers; you never hear anyone yell, “Navy sucks!” It’s just “Go Army, Beat Navy!” What other rivalry can say that?

At no other rival game does the president of the United States make a regular appearance; the stands at Ohio State-Michigan or Florida State-Miami aren’t filled with former presidents, members of cabinet, and war heroes, either.

Sure, the actual football meaning of the game has changed greatly since the 1950s when Army-Navy was often a national-championship caliber game. But it’s also been since that long ago that the military academies have been able to get NFL-level recruits.

Football aside, Army-Navy is the purest game in all of sports. Rivals, but not enemies, the men of the Army and Navy teams know that their future lies on a different field.



Sports Briefs

Big Bench Press competition Saturday

The Rock Big Bench Press Competition is scheduled Saturday at Newman Fitness Center. Weigh-ins will be from 8-9:30 a.m. and the competition begins at 10 a.m.

There will be team and open competition in various weight classes. Battalions were encouraged to enter teams of 10-12 lifters. In the open competition, winners will be determined by weight classes, and each participant will get three attempts to lift maximum weight.

United States Power Lifting Federation rules will apply. Competitors must be 16 years old to enter. Lifting shirts and gloves will be allowed.

The cost for late registration on the day of the competition will be \$12.

For more information, call 912-767-3031.

Quarterly Skeet Shoot at Hunter

A 50-bird skeet shoot will be held at the Hunter Army Airfield Skeet and Trap Range, Saturday beginning at 9 a.m.

The event is designed to provide a quality compe-

tion in which shooters at equal skill levels can compete for cash prizes. A minimum of eight shooters is required per division. Divisions will include beginner, intermediate, expert, ladies and youth.

Lunch will be provided while shooting continues. Awards will be presented about 2 p.m.

The cost is \$25 per person. For more information, call 912-315-9554.

Big Buck Contest

The registration deadline for the annual Big Buck Contest has been extended by Pass and Permit to Dec. 15. The cost to enter remains the same — \$25 per person.

Two bucks may be entered, but only one will be scored. Cash prizes will be awarded to the first, second and third place winner. A cash award, deer mount and a free hunt/fish pass will be awarded to the Active Duty Soldier with the highest buck scoring. Register at the Fort Stewart or Hunter Army Airfield Pass & Permit Office. The Stewart office is in building 8093 and the Hunter office is in building 1286. For more information, call 912-435-8061 or 912-435-

8033.

Win a Holiday Turkey or Ham

Every Thursday during November and December, test your shooting skills starting at 5 p.m. at the Fort Stewart Skeet/Trap Range at Holbrook Pond. You just might take home a turkey or ham.

There are four ways to compete:

- Standard paper plate target with small dot in the center. Cost is \$3.

- Get 5 paintball shots on the poker board. Several mystery prizes are hidden on the board. Cost is \$5.

- Trap turkey shoot. All shooters will begin at position 1. Those who hit their target will move to position 2. Shooters who miss will have an opportunity to buy back into this game for \$1, but will have to hit the target from position 1 to continue. Last shooter left will be the winner. Cost is \$5.

- Bad guy paintball shoot. Five shots on the poster with designated scoring areas. The cost is \$5.

A minimum of eight shooters is required to compete. Don’t miss out on the fun. For more information, call 912-435-8219 or 912-435-8205.